

**CORNERSTONE XXIII RETREAT
REGISTRATION FORM**

or register online at www.sainthelen.org

- WOMEN – March 2-3 2012** (Friday evening through Saturday)
 MEN – March 16-17, 2012 (Friday evening through Saturday)

Are you a registered parishioner of Saint Helen's?

YES **NO**

Fee \$ 80.00.

Please enclose your \$80.00 check with the completed registration form and mail to:
Saint. Helen's Church, **Attn: Cornerstone Retreat**, 1600 Rahway Avenue, Westfield, NJ 07090

*[If cost is an obstacle, contact Ellen Murphy at 908-322-3411 or
by e-mail at EllenMurphy811@gmail.com]*

Date _____		
Name: _____	DOB: _____	
(Last)	(First)	(Middle)
Address: _____		
(Street)	(City)	(Zip)
Phone: (____) _____	(____) _____	(____) _____
(Home)	(Cell)	(Business)
E-mail: _____		
Emergency Contact: _____		
Contact Phone: (____) _____	(____) _____	email: _____
(Home)	(Business)	(cell)
Medical Information (Any special medical problem/dietary needs?) _____		

Emergency Contact / Relationship: _____		
Contact Phone: (____) _____	(____) _____	(____) _____
(Home)	(Cell)	(Business)
E-mail: _____		
Do you need a ride to the retreat? Yes No		

For more information please contact:
Ellen Murphy 908-322-3411

Getting To Know You

Please answer the following questions:

Family Information			
1	Marital Status (circle one)	Single Divorced Married Widowed	If married, number of years:
2	Do you have any children? (circle one)	Yes No	If yes, how many children do you have?
3	How many siblings do you have?		
Background and Interests			
4	Current or former occupation:		
5	Please list any pets you have?		
6	What is your favorite TV show?		
7	What is your heritage? (Example: Italian, Chinese, Spanish)		
8	What states/countries have you lived in or visited?		
9	What is your favorite group or singer?		
10	What is your interest/hobbies?		
Second Emergency Contact			
11	Emergency Contact Name:		
12	Relationship to You:		
13	Emergency Contact Phone:		
14	Emergency Contact Mobile:		
15	Emergency Contact Email:		

Cornerstone 2012

What is Cornerstone?

Cornerstone is a 26-hour parish-sponsored retreat. It is a renewal process that brings us together to grow personally in our knowledge and love of God. At the same time, we are experiencing the Christian community in a very special way within our own parish – developing friendships with fellow parishioners.

Who will run the Cornerstone retreat?

The Cornerstone retreat is run by a team that attended previous Cornerstone retreats. Each team member shares their gifts in a variety of ways, such as ... leading small group discussions, speaking on selected themes, planning prayer services, selecting music, arranging accommodations and meals, handling publicity and registration, and decorating for the weekend. Each person on the team has a specific role, but there is only one goal ... to grow personally in our knowledge and love of God and to help others grow in their knowledge and love of God.

What are the Cornerstone talks?

The Cornerstone talks are the main focus of the weekend. They are a sharing of personal experiences of God's love and activity in one's life. Speakers share the story of who they are and how their relationship with the Lord was affected during these times.

What will the Cornerstone retreat weekend be like?

The Cornerstone retreat begins on Friday evening at 6:00 PM and ends on Saturday evening with a family liturgy and celebration. The retreat takes place at the Parish Center. Sleeping accommodations, meals and snacks are provided by members of the retreat team. During the weekend there will be time for scripture, sharing, prayer, and small group discussions. On Friday evening the Sacrament of Reconciliation is available. After dinner on Saturday evening, there is a celebration of the Eucharist to which your family is invited. This is followed by a reception for you, your family and friends, and the retreat team.

Reflections from past Cornerstone Alumni:

"I had heard about Cornerstone for years but, like many men I know, I was apprehensive about signing up. The retreat turned out to be a unique, wonderful experience. It allowed me some time to reflect on what really is important in my life." - Men's Cornerstone

"Cornerstone leaves you with a feeling of peace that is hard to find these days when everyone is coming and going in all directions. The hours go too quickly, but the feeling remains long after." - Women's Cornerstone

"Cornerstone for me was the opportunity to shut out for a day the frustrations and distractions of the work-a-day world and focus on the things in life that really matter." - Men's Cornerstone

"Raising spiritual consciousness, happiness, tears, smiles, peaceful times, reflections, new friends, beautiful music, God's Word, sharing, caring...a special 26-hour gift to myself that has flowed into a year."
Women's Cornerstone

"I didn't know what to expect when I decided to be part of the Cornerstone weekend. What I found was an experience that I will long remember. I made many new friends, came closer to God, and learned a great deal about myself as well." - Men's Cornerstone

"Cornerstone came at a time when I really needed something. It's amazing how God sends you what you need. Cornerstone has been a great help on my faith journey." - Women's Cornerstone

**You are invited to be part of the Twenty-third Cornerstone retreat at St. Helen's.
Kindly complete the registration form.**